

# 2021 Bristol Health Employee Tier 1 Providers & Facilities

As of January 1, 2021, for employees covered under Bristol Health's POS and HDHP

## Enjoy deep discounts on co-pays and coinsurance by using the Bristol Health provider & facilities network!

### POS Plan

Tier 1 co-pays are \$15 for PCP and \$25 for specialists.

### Examples

- ▷ Inpatient hospitalization at Bristol Hospital paid in full under both POS and high deductible plan (no co-pays or deductible)

### High Deductible Health Plan

No co-pays or deductibles for Bristol Health providers or facilities.

- ▷ Outpatient hospitalization at Bristol Hospital paid in full under both the POS or high deductible health plan (no co-pays or deductible).
- ▷ Office visit with a BH provider \$15 co-pay under the POS plan, \$0 under the high deductible health plan

## Primary and Urgent Care (Telemedicine Appointments available)

### Primary Care

- ▷ Altherr, Doris MD  
36 Whiting St, Plainville: 860.747.8315
- ▷ Bondhus, Nelson A. MD  
85 Beleden Gardens Dr, Bristol: 860.845.8129
- ▷ Cherneskie, Joseph MD  
27 Main St, Terryville: 860.314.6818
- ▷ Chico, Erika MD  
61 Bradley St, Bristol: 860.584.8021
- ▷ Dawson, Keona APRN  
36 Whiting St, Plainville: 860.747.8315
- ▷ Frazier, John MD  
61 Bradley St, Bristol: 860.584.8021  
(Not accepting new patients)
- ▷ Idrees, Sana MD  
167 Main St, Southington: 860.426.0252
- ▷ Lee Kim, Marisa MD  
61 Bradley St, Bristol: 860.584.8021  
35 Pearl St, New Britain: 833.4BHDOCS
- ▷ Pasha, Saima MD  
102 North St, Bristol: 860.314.2082
- ▷ Richards, Michael MD  
167 Main St, Southington: 860.426.0252  
36 Whiting St, Plainville: 833.4BHDOCS
- ▷ Shanmugam, Bala MD  
923 Farmington Ave, Bristol: 860.314.6000
- ▷ Torno, Josephine MD  
102 North Street, Bristol: 860.314.2082  
464 Wolcott Rd, Wolcott: 833.4BHDOCS
- ▷ Zhu, Li MD  
258 Spielman Hwy, Burlington: 860.673.3681  
167 Main St, Southington: 833.4BHDOCS
- ▷ Zweig, Richard M. MD  
923 Farmington Ave, Bristol: 860.314.6000
- ▷ Durocher, Emily PA-C  
167 Main St, Southington: 860.426.0252
- ▷ Koprek, Mary Ann APRN  
61 Bradley St, Bristol: 860.584.8021  
35 Pearl St, New Britain: 833.4BHDOCS
- ▷ Rinaldi, Kathleen APRN  
102 North St, Bristol: 860.314.2082
- ▷ Roben, Rebecca APRN  
27 Main St, Terryville: 860.314.6818  
258 Spielman Hwy, Burlington: 833.4BHDOCS

### Med-Help Urgent Care

- ▷ 539 Farmington Ave, Bristol: 860.314.6046  
Open every holiday and day  
Monday-Friday 8:00am-8:00pm  
Saturday 9:00am-5:00pm  
Sunday 9:00am-2:00pm

No appointment needed, but you may reserve your place online at:  
[bristolhealth.org/telehealth](http://bristolhealth.org/telehealth)

## Specialty Care (Telemedicine Appointments available)

### Behavioral Health

- ▷ Buttner, Doreen LCSW  
10 N Main St, Bristol: 860.314.2052
- ▷ Chock-Harris, Ursula LCSW  
102 North St, Bristol: 860.314.2052
- ▷ Khusboo, Surfi APRN  
10 N Main St, Bristol: 860.314.2052
- ▷ Manoharan, Nachiyappan MD  
10 N Main St, Bristol: 860.314.2052
- ▷ Pina, Donyale LCSW  
10 N Main St, Bristol: 860.314.2052
- ▷ Powers, William LCSW  
10 N Main St, Bristol: 860.314.2052
- ▷ Reindel, Frederick MD  
10 N Main St, Bristol: 860.314.2052
- ▷ Tambling, Rachel PHD  
27 Main St, Terryville: 860.314.2052
- ▷ Urban, Dorota APRN  
10 N Main St, Bristol: 860.314.2052
- ▷ Noonan, Joseph MD  
10 N Main St, Bristol: 860.314.2052

### Breast Health

- ▷ Brady, Elizabeth MD  
41 Brewster Rd, Bristol: 860.585.3999

## Specialty Care Continued (Telemedicine Appointments available)

### Cardiology

- ▷ Blum, Liran MD  
15 Riverside Ave, Bristol: 860.582.3235  
36 Whiting St, Plainville: 833.4BHDOCS
- ▷ DeBiase, Robert MD  
15 Riverside Ave, Bristol: 860.582.3235
- ▷ Gosselin, Richard MD  
15 Riverside Ave, Bristol: 860.582.3235
- ▷ Kazi, Fawad MD  
15 Riverside Ave, Bristol: 860.582.3235  
167 Main St, Southington: 833.4BHDOCS
- ▷ Marakovits, Joseph MD  
15 Riverside Ave, Bristol: 860.582.3235

### Endocrinology

- ▷ Joshi, Vijay MD  
15 Riverside Ave, Bristol: 860.940.6300

### General Surgery

- ▷ Bagdasarian, Rainer MD  
25 Newell Rd, D-28, Bristol: 860.582.1220
- ▷ Malit, Vanessa MD  
25 Newell Rd, Ste C-14, Bristol: 860.585.1560
- ▷ Marshall, William DO  
25 Newell Rd, D-28, Bristol: 860.582.1220
- ▷ McCallister, Jennifer MD  
25 Newell Rd, D-28, Bristol: 860.582.1220
- ▷ Olszewski, Tanya MD  
25 Newell Rd, D-28, Bristol: 860.582.1220

### Geriatrics/Palliative Care

- ▷ Reyes, Margarita MD  
85 Beleden Gardens Dr, Bristol: 860.845.5901
- ▷ Barry, Michelle APRN  
85 Beleden Gardens Dr, Bristol: 860.845.5901

### Hematology/Oncology

- ▷ Black, Robert C MD  
41 Brewster Rd, Bristol: 860.585.3400
- ▷ Brahaj, Driola MD  
41 Brewster Rd, Bristol: 860.585.3400
- ▷ Sacharko, Julie APRN  
41 Brewster Rd, Bristol: 860.585.3400

### Infectious Disease

- ▷ Shanmugam, Bala MD  
923 Farmington Ave, Bristol: 860.314.6000
- ▷ Zweig, Richard M. MD  
923 Farmington Ave, Bristol: 860.314.6000

### Neurology

- ▷ Kurako, Kateryna MD  
15 Riverside Ave, Bristol: 860.585.9473

### OB/GYN

- ▷ Rawal-Dhingra, Rupalini MD  
25 Newell Rd, Ste D-21, Bristol: 860.585.3295  
35 Pearl St, New Britain: 833.4BHDOCS  
464 Wolcott Rd, Wolcott: 833.4BHDOCS
- ▷ Rowther, Minu MD  
25 Newell Rd, Ste D-21, Bristol: 860.585.3295  
167 Main St, Southington: 833.4BHDOCS
- ▷ Vemareddy, Kamakshi MD  
25 Newell Rd, Ste D-21, Bristol: 860.585.3295  
36 Whiting St, Plainville: 833.4BHDOCS

### Orthopedics

- ▷ O'Shea, Thomas MD  
15 Riverside Ave, Bristol: 860.585.3333  
167 Main St, Southington: 833.4BHDOCS
- ▷ Meter, Jeffrey MD  
15 Riverside Ave, Bristol: 860.585.3333  
167 Main St, Southington: 833.4BHDOCS

The following providers, who are assisting Bristol Health on a temporary basis, are also included under our plan as Tier 1 providers:

- ▷ Feliciano, Edward MD  
15 Riverside Ave, Bristol: 860.585.3333
- ▷ Grosso, Matthew MD  
15 Riverside Ave, Bristol: 860.585.3333
- ▷ Martin, Linda MD  
15 Riverside Ave, Bristol: 860.585.3333

### Pain Management

- ▷ Glassman, David MD  
15 Riverside Ave, Bristol: 860.585.3333  
167 Main St, Southington: 833.4BHDOCS

### Physiatry/Rehabilitation Medicine

- ▷ Watson, Mark MD  
15 Riverside Ave, Bristol: 860.585.3333  
35 Pearl St, New Britain: 860.585.3333

### Podiatry

- ▷ Bellezza, Peter A. DPM, MA  
15 Riverside Ave, Bristol: 860.585.3333  
167 Main St, Southington: 860.585.3333

### Pulmonology

- ▷ Caminiti, Stephen P. MD  
25 Newell Rd, Ste D-24, Bristol: 860.314.6020
- ▷ Kumar, Toshita MD  
25 Newell Rd, Ste D-24, Bristol: 860.314.6020
- ▷ Upadhyay, Shweta MD  
25 Newell Rd, Ste D-24, Bristol: 860.314.6020  
167 Main St, Southington: 833.4BHDOCS

### Rheumatology

- ▷ Sharma, Archana MD  
15 Riverside Ave, Bristol: 860.585.1283

### Sleep Medicine

- ▷ Kumar, Toshita MD  
25 Newell Rd, Ste D-24, Bristol: 860.314.6020

### Spine Surgery

- ▷ Upadhyay, Ashish MD  
15 Riverside Ave, Bristol: 860.585.3333

### Travel Medicine

- ▷ Shanmugam, Bala MD  
923 Farmington Ave, Bristol: 860.314.6000
- ▷ Zweig, Richard M. MD  
923 Farmington Ave, Bristol: 860.314.6000

### Urology

- ▷ Hammerich, Kai H. MD  
15 Riverside Ave, Bristol: 860.585.6944
- ▷ D'Addario, Peter MD  
167 Main St, Southington: 860.585.6944

## Specialty Care Continued (Telemedicine Appointments available)

### Vascular Surgery

▷ Bagdasarian, Kristofer MD  
25 Newell Rd, Ste D-28, Bristol: 860.582.1220

▷ Milne, Catherine APRN  
92 Bradley St, Bristol: 860.585.3397

▷ Zhu, Li MD  
92 Bradley St, Bristol: 860.585.3397

### Wound Care

(Mailing address: 41 Brewster Rd, Bristol)

▷ Bellezza, Peter A. DPM  
92 Bradley St, Bristol: 860.585.3397

▷ Marshall, William DO  
92 Bradley St, Bristol: 860.585.3397

▷ McCallister, Jennifer MD  
92 Bradley St, Bristol: 860.585.3397

### Weight Loss Surgery

▷ Malit, Vanessa MD  
25 Newell Rd, Ste C-14, Bristol: 860.585.1560

▷ Lin, Henry MD  
92 Bradley St, Bristol: 860.585.3397

For billing questions regarding services obtained from a Bristol Health Medical Group provider, please call 860.585.3906.

As new providers join Bristol Health Medical Group, they will be covered as Tier 1.

# Pharmacy Benefits and Telemedicine

## Staff Pharmacy at Bristol Hospital

Employees and dependents covered under a Bristol Health medical plan are able to fill most maintenance medications (90-day supply) at the hospital pharmacy located on level B in the hospital. These drugs can be obtained under the POS plan for a \$0 co-pay. Under the high deductible plan, the cost of drugs is based on a discounted rate. Once your deductible is met, your cost is \$0.

## Retail Pharmacy Coming Soon!

Bristol Health is opening a retail pharmacy in Spring 2021 on level A in the hospital, which will be open to all staff and patients. The retail pharmacy will fill staff prescriptions (currently available on hospital level B) and will be a convenient option to purchase non-prescription medications and other items.

## You can now see your doctors virtually

Did you know that we offer telemedicine physician appointments and ER virtual visits?

For provider appointments: Simply call **833.4BHDOCS** to schedule your appointment. Office staff will send a link to your phone or tablet that you can just click to see and talk with your doctor. Or, make your appointment online: [bristolhealth.org/telehealth](https://bristolhealth.org/telehealth)

For ER visits: Skip the wait at our ER and get assessed remotely by calling our ER virtual visit number: **860-585-3980**. You will get a call back within minutes and doctors are able to provide assessments and prescriptions right over the phone!



To schedule an appointment call: **833.4BHDOCS** or visit [bristolhealth.org/telehealth](https://bristolhealth.org/telehealth)

# Outpatient Services

## Emergency Services

- ▷ Bristol Hospital Emergency Center  
41 Brewster Rd, Bristol: 860.585.3273
- ▷ Bristol Hospital EMS (Ambulance)  
371 Terryville Ave, Bristol: 860.585.3679

IN AN  
EMERGENCY  
CALL 911

## Outpatient Testing and Rehabilitation

### Cardiac Rehab/Pulmonary Rehab

- ▷ Bernie Guida Cardiac and Pulmonary Rehabilitation Center  
41 Brewster Rd, Bristol: 860.585.3580

### Imaging

- ▷ Diagnostic Imaging/Radiology  
41 Brewster Rd, Bristol: 860.585.3424

### Laboratory Services

(No appointments required)

- ▷ 41 Brewster Rd, Bristol: 860.585.3386
- ▷ 641 Farmington Ave, Bristol: 860.314.3477
- ▷ 15 Riverside Ave, Bristol: 860.516.7550
- ▷ 167 Main St, Southington: 860.261.6897
- ▷ 27 Main St, Terryville: 860.314.1955

### Lymphedema Therapy

- ▷ Rehab Dynamics 3  
Wound Care Center  
92 Bradley St, Bristol: 860.585.3397

### Mammography and Breast Health

- ▷ Beekley Center for Breast Health & Wellness  
41 Brewster Rd, Bristol: 860.585.3999

### Occupational Health

- ▷ Medworks  
975 Farmington Ave, Bristol: 860.589.0114

### Physical Rehabilitation

- ▷ Rehab Dynamics 1  
975 Farmington Ave, Bristol: 860.589.3587  
Physical and occupational therapy for conditions that include: hand, orthopedic, low vision, vestibular/balance
- ▷ Rehab Dynamics 2  
Medical Care Center  
15 Riverside Ave, Bristol: 860.582.9355  
Physical, occupational, speech and aquatic therapy for conditions that include: hand, orthopedics, speech/swallowing, women's health, vestibular/balance

### Pre-Admission Testing

- ▷ Center for Surgery and Endoscopy  
41 Brewster Rd, Bristol: 860.585.3673

## Specialized Outpatient Services

### Behavioral Health

- ▷ Behavioral Health and Addiction  
10 N Main St, Bristol: 860.314.2052
- ▷ Counseling Center  
420 N Main St, Bristol: 860.583.5858

### Education

- ▷ Diabetes Education  
15 Riverside Ave, Bristol: 860.940.6300
- ▷ Parent and Child Center  
222 Main St, Bristol: 860.585.3481

### Home Care and Hospice

- ▷ Home Care and Hospice  
32 Valley St, Bristol: 860.585.4752

### Massage Therapy

- ▷ Beekley Center for Breast Health & Wellness  
41 Brewster Rd, Bristol: 860.585.3999

### Sleep Center

- ▷ Sleep Center  
41 Brewster Rd, Level E, Bristol: 860.585.3300

### Skilled Nursing and Long-term Care

- ▷ Ingraham Manor  
400 N Main St, Bristol: 860.584.3400